

# A STUDY OF FACTORS INFLUENCING HAPPINESS OF ADOLESCENT'S IN THE COMMUNITY CHILD CENTER

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## ABSTRACT:

*The study investigated the factor influence happiness of adolescents into personal traits, family, school, community setting from the perspective of ecosystem. The data for this study came from the community child center panel surveyed in 2015, and the subjects included 370 middle school students in South Korea. The research questions of this study is how does personal and environment influence the happiness of adolescents? In order to explore our main areas of inquiry, multiple regression analysis was performed including the dependent variable(happiness), independent variables(self-esteem, depression, parenting behavior, school adjustment, community awareness), and control variables(gender, age, health status, economic status). The results showed that the independent variables of self-esteem, depression, and school adjustment had significant influences on happiness of adolescents. Also, the control variables of health status had significant influence on happiness of adolescents. Based on these result, this study showed the importance of personal traits, school environments for adolescents' positive self-formation and resilience improvement in order to enhance the happiness of adolescents. Therefore, in order to enhance the happiness of adolescents, it is necessary to develop programs and intervention efforts to improve the health status, to promote the self-esteem and to increase the adaptation of the school.*

**Keywords :** happiness, adolescents, personal traits, environment influence